



EXECUTIVE & LEADERSHIP COACHING

Start Your Coaching Plan Today



This has been the single, most important development I've had in my career

Is Coaching Right For You?

However high up the career ladder we climb, most of us can benefit from the services of a reliable and trustworthy coach from time to time - whether to:

Facilitate decision making ▶ Help navigate tricky terrain ▶ Optimise an opportunity ▶ Challenge our thinking ▶ Or simply offer a new perspective. Your coach is there to **support, champion** and **encourage** you to **achieve your goal**

What You Can Expect From Us

You'll be supported by a qualified Leadership Coach and Mentor with c30 years experience of working with leaders in organisations like yours. Sessions are confidential and tailored to your needs

Prices

Activity	Price
Discovery Session (30 minutes)	Free
1:1 Corporate Coaching Session (1 Hour)	£500 + VAT
Package of 6 x 1:1 Coaching Sessions	£2,700 + VAT

1 Discovery Session

An initial 'free of charge' 30 minute Discovery Session to discuss your situation, explore what you're looking to achieve and get a feel for how you and your coach might work together

2 1:1 Coaching

Your 1:1 coaching sessions will support and challenge you through your situation. Your coach will draw on a variety of approaches and methods to help you gain clarity, make decisions and take action towards achieving your goal

3 Reflect and Review

Your coaching concludes with a Review Session to reflect on the process and extract key learns and insights from the experience, helping you to gain greater self awareness and build resilience for the future